

## S09-2: Global Almanac for Physical Activity: Launching the GoPA! Third Edition

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**Purpose:** To present the Third Edition of the Global Observatory for Physical Activity (GoPA!) Almanac.

**Methods:** A standardised methodology was used to collect data on country and demographic characteristics, PA participation by domain (overall, active leisure, active transport), surveillance periodicity, surveys and instruments used to assess PA, existing PA and PA-related policies and guidelines, research indicators, and capacity for PA promotion. This information was summarised into one-page Country Cards and compiled into the GoPA! Third Edition Almanac. Between 2024–2025, country representatives reviewed the Country Cards to ensure accuracy and relevance and approved the content. Also, they were encouraged to translate their Country Cards into their countries' native language.

**Results:** GoPA! collected data from 218 countries, with confirmed data from country representatives in 163 countries (74.8%). Preliminary results, based on these 163 countries and disaggregated by World Health Organization regions, show the following: *Coverage (countries with a representative):* Africa (AFRO) (66.0%), Eastern-Mediterranean (EMRO) (72.7%), Europe (EURO) (80.6%), The Americas (PAHO) (68.2%), South-East Asia (SEARO) (72.7%), and Western Pacific (WPRO) (87.5%).

*PA participation (countries with adult data):* AFRO (66.0%), EMRO (72.7%), EURO (79.0%), PAHO (68.2%), SEARO (72.7%), and WPRO (87.5%).

*Surveillance (countries with periodic PA-related surveys):* AFRO (4.3%), EMRO (13.6%), EURO (46.8%), PAHO (20.5%), SEARO (27.3%), and WPRO (46.9%).

*Policy (countries with standalone PA policies):* AFRO (10.6%), EMRO (22.7%), EURO (58.1%), PAHO (36.4%), SEARO (27.3%), and WPRO (15.6%).

*Research (countries contributing to PA research):* AFRO (53.2%), EMRO (68.2%), EURO (74.2%), PAHO (63.6%), SEARO (72.7%), and WPRO (81.3%).

**Conclusions:** All Country Cards are available in English with translations provided in up to 30 additional languages, enhancing accessibility for diverse stakeholders. GoPA! is committed to maintaining ongoing PA monitoring and will update the indicators every four years to reflect the most current data. The Almanac is anticipated to serve as a powerful advocacy tool for Country Contacts, researchers, and policymakers, ultimately strengthening global efforts to promote PA and improve public health outcomes.

**Support/Funding Source:** Global Observatory for Physical Activity (GoPA!).



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